



RESOURCES FOR MAT-SU VALLEY RESIDENTS

Connecting Community Members to Services

This is a compilation of services available to Mat-Su reentrants in need of housing, medical care, substance abuse treatment, support groups, court-mandated programs, and transportation.

Designed by,
Kelly Marre

U.A.A. MSW Practicum Student- DOC Reentry
Mat-Su Health Foundation Scholarship Recipient

Court- Ordered Domestic Violence and Anger Management Services

Business	Services	Cost
Alaska Family Services 899 W Commercial Dr Wasilla. 907-373-4456 https://www.akafs.org/	Anger Management group for court-ordered non-domestic violence related case. 12-week program and must attend one group per week. Tuesdays from 6:30 to 8:30 PM.	\$50 intake fee and \$30 per group
Alaska Family Services 899 W Commercial Dr Wasilla. 907-373-4456 https://www.akafs.org/	Family Violence Intervention Program for court-ordered men with DV offenses. 36-week program and must attend one group per week. Mondays & Tuesdays from 6:30 to 8:30 PM or Fridays from 10:00 AM to 12:00 PM.	\$100 intake fee and \$35 per group. Community service at AFS can help off-set fees
Alaska Family Services 899 W Commercial Dr Wasilla. 907-373-4456 https://www.akafs.org/	Women's Alternative to Violence Education for court or OCS ordered individuals. 36-week program. Meets Wednesdays 6:30 to 8:30 PM.	\$45 intake fee and \$30 per group

Domestic Violence/Sexual Assault Support

Alaska Family Services Palmer. 907-746-8026 http://www.akafs.org/our-services/domestic-violence-and-sexual-assault/	32 bed facility for women who are victims of domestic violence or sexual assault. 24/7 crisis line. Domestic violence support groups. Tuesday's group is for moms and children and meets from 5:00 to 6:30 PM. Wednesday's group is for women only and meets from 3:30 to 5:00 PM..	Free
RAINN 1-800-656-HOPE www.rainn.org	24/7 online crisis chat line and telephone line for victims of sexual assault	Free
Standing Together Against Rape (STAR) 1057 W Fireweed Ln Ste 230 Anchorage. 907-276-7279 http://www.staralaska.com/	24/7 crisis line for support for victims of sexual violence. Referrals and assistance as needed.	Free

Disability Qualification and Assistance

Business	Services	Payment
Access Alaska 1075 Check St Ste 109 Wasilla. 907-.357-2588 https://www.accessalaska.org/	Independent living services for people with a disability. Information & referrals, peer counseling, individual and systems advocacy. Consumer direct personal care.	Independent living program is free. Consumer direct PCA program accepts Medicaid and private insurance. Free to Veterans
Alaska Legal Services 777 N Crusey Ste A101 Wasilla. 907-373-3632 https://www.alsc-law.org/client-services/	Assistance with applying for disability and help with Medicaid appeals.	No cost to apply but must meet income guidelines
Assistive Technology of Alaska (ATLA) 3330 Arctic Blvd, Ste 101 Anchorage. 907-563-2599 https://www.atlaak.org/	Assistive equipment/technology for those who experience disabilities. Equipment loans also available.	Medicaid, Medicare, private insurance, grants, and self-pay.
Disability Law Center 330 Arctic Blvd Ste 103 Anchorage. 907-565-1002 or 1-800-478-1234 http://www.dlcak.org/	Assistance with social security applications and appeals, disability related employment discrimination, Medicare & Medicaid appeals, disability related housing discrimination, client assisted programs related to vocational rehabilitation or independent living services.	Free Service
Hope Community Resources 907-357-3750 https://www.hopealaska.org/	Activities and programs, in-home support, supported living, respite, behavioral support, and supported employment.	IDD waiver
Intellectual & Developmental Disabilities (IDD) Unit http://dhss.alaska.gov/dsds/Pages/dd/default.aspx	Application for services for people who meet guidelines for physical or mental disabilities that will affect the individual long-term. May pay for chores, respite, in-home care, and supportive services.	No cost to apply. Must meet eligibility requirements.

Disability Services Continued

General Relief Funding for assisted living http://dhss.alaska.gov/dsds/Documents/SDSforms/GR-01-AppGRALC.pdf	Application for assistance with payment for assisted living. Program is for vulnerable adults who need 24/7 care and meet income qualifications.	No cost to apply Must meet eligibility requirements.
Links Resource Center and Mat-Su Aging and Disability Resources 777 N Crusey St Wasilla. 907-373-3632 http://linksprc.org/	Referrals for assistance with housing, assistive technology, food, heating assistance, and help applying for social security, disability, Medicaid, Medicare, and adult public assistance. Resources for caregivers. Accompanies parents to IEP meetings. New program for Veterans. Provides support, assistance, and referrals for seniors, people with disabilities, and vulnerable adults.	Free- operates under grants. No income qualifications
Social Security Disability https://www.ssa.gov/planners/disability/apply.html 1-800-772-1213	Application for Social Security disability can be filled out online or in person.	No cost to apply
STAR (short-term Assistance and Referral Program) Stone Soup Group 307 E Northern Lights Ste 100 Anchorage. 907-561-3701 https://www.sailinc.org/short-term-assistance-referral-star	Assistance applying for developmental disability services.	No cost to apply
Understanding the Process: How Social Security Decides Disability Claims https://www.buzzsprout.com/246081/939567	Free podcast describing the process of applying for SS disability.	Free Podcast

Education and Training

Business	Services	Contract Information
Charter College	Degree and training programs	352-1000 https://www.chartercollege.edu/locations/wasilla-ak
Department of Labor	Employment after Incarceration class, free training through the Workforce Innovation & Opportunities Act, resume & interviewing workshops, bonding, and job services	352-2500 www.jobs.alaska.gov
Mat-Su College	Degree and training programs	745-9774 https://matsu.alaska.edu/
Northern Industrial Training	Construction equipment, health, safety, environmental technician, mechanics program, professional truck driving, project management, and welding	357-6400 info@nitalaska.com https://www.nitalaska.com/
Nine Star	Offers employment opportunities including funding for training. Career oriented job placement using Workforce Innovation & Opportunities Act	373-4357 for youth employment 18-24 279-7827- Adults over 24 https://ninestar.org/

Housing Resources

Business	Services	Eligibility
Alaska Community Development Corporation Alaskacdc.org/ 1517 S. Industrial Way #8 Palmer. 907-746-5680	Housing and energy efficiency programs. Home modifications for seniors.	Income based
Alaska Housing Finance Corporation ahfc.us 1201 N Lucille St, Ste 104 Wasilla. 907-376-5744	Low income housing assistance for seniors, families displaced due to DV or sexual assault, those on probation or parole, youth aging out of foster care, and homeless Veterans and their families.	Income based
Connect Palmer 202 S Alaska St Palmer. 907-746-9675	Women's Shelter with life skills training and assistance with transportation.	Need based
Creekwood Park 1955 N Creekwood Park Ave Palmer. 907-376-9512	Low income housing	Income based
Eagle Ridge 1775 Thuma St Palmer. 907-746-2516	Low income housing	Income based
Family Promise 561 W Nelson Wasilla. 907-357-6160	Shelter for families. Help with rental assistance.	Available to men and women with at least one child
Habitat for Humanity 900 Hyer Rd Wasilla. 907-373-7278	New homes built by family and volunteers.	Income based
Hunter Creek Apartments 855 W Fern Ave Palmer. 907-746-2005	Low income housing	Income based
Knik House 907-864-0463	Shelter for men and women	Need based
Knik Tribal Council 951 E Bogard Wasilla. 907-373-7991	Home modernization and rehabilitation programs. Low income housing.	Tribal member and income based
Mat-Su Coalition on Housing and Homelessness 404 N Yenlo Wasilla. 907-232-4450	Rent & Utility assistance. Preferences for seniors, homeless youth, and prisoner re-entry.	Need based
Salvation Army 12271 E Palmer-Wasilla Hwy Palmer. 907-745-7079	Rental assistance	Need based

Housing Resources Continued

Wasilla Homeless Committee 907-521-2949	Housing search assistance & referrals, help with household items and furniture	Need based- funded by private donations
Weatherization Assistance Program 1517 Industrial Way #8 Palmer. 907-746-5680	Assists low income families with making homes energy efficient.	Income based

Medical Power of Attorney and Advanced Directives

Business	Services	Payment
Alaska Legal Services 634 S Bailey St Ste 102 Palmer. 907-746-4636	Assistance applying for medical POA and filling out advanced directives.	Free to those who meet income qualifications
Medical Power of Attorney https://powerofattorney.com/alaska/medical-power-attorney-alaska-form-adobe-pdf/	Online form for applying for medical POA.	Free

Medical Care for Low-Income/Uninsured

Business	Services	Financial Information
Alaska 2-1-1 https://alaska211.org/	Resource line for referrals for healthcare, childcare, energy assistance, food, job services, legal assistance, parenting help, public benefits, senior care, and shelter.	Free service
Alaska Division of Public Assistance 855 W Commercial Dr Wasilla http://dhss.alaska.gov/dpa/Pages/medicaid/Medicaid.aspx 907-376-3903	Applications for Medicaid available online or in person. Also offers Alaska Denali Kid Care (CHIP) to youth under 19.	Individuals and families who meet the state and federal income guidelines.
C'eyitis' Hwnax Life House Community Health Center 16166 N Glenn Hwy Mile 61.5 https://lifehouseclinic.com/ Sutton. 907-631-7665 Also has a clinic in Eklutna- Eklutna Village Clinic and offers full dental care. Women's health and pediatrics. 907-688-6031	Provides health care to Alaska Natives and non-Native people in the Sutton area. Behavioral health consultants, dietician, integrate pharmacy each month, exercise physiology, and massage therapy 2 x month, dental cleanings and screenings, audiology quarterly.	Medicare, Medicaid, private insurance, Sliding fee scale
Chronic & Acute Medical Assistance (CAMA) http://dhss.alaska.gov/dhcs/Pages/cama/default.aspx Apply at Public Assistance Office	Medical coverage for those who have a covered medical condition and meet financial requirements.	No cost to apply at the Public Assistance Office
Denali Kid Care http://dhss.alaska.gov/dhcs/Pages/denalikidcare/default.aspx 1-888-318-8890	Application for children's health care.	No cost to apply

Health Care Coverage https://www.healthcare.gov/	Application for healthcare coverage.	No cost to apply
Mat-Su Health Services 1363 W Spruce Ave https://www.mshsak.org/ Wasilla. 907-376-2411	Family care, women's health, immunizations, chronic health, dental	Medicaid, Medicare, private insurance, sliding fee scale

Mat-Su Public Health 3223 E Palmer-Wasilla Highway # 3 Wasilla. 907-352-6600 http://dhss.alaska.gov/dph/Nursing/Pages/Mat-Su-Public-Health-Center.aspx	Family planning/pregnancy tests, STD screenings, well-child exams, newborn hearing screenings, health education, immunizations, and satellite clinics in Glennallen, Palmer, Willow, Talkeetna, and Trapper Creek	Low or no cost for services
Mat-Su Regional Hospital 2500 S Woodworth Lp Palmer. 907-861-6000 https://www.matsuregional.com/?utm_campaign=biz-listings&utm_source=chs-web&utm_medium=gmb	Emergency room and complete medical care facility.	Medicaid, Medicare, private insurance
Medicaid/Medicare 907-376-3903 http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx	Information about applying for Medicaid and Medicare	No cost to apply
Sunshine Community Health Center Mile 4.4 Talkeetna Spur Rd Talkeetna. 907-733-2273 http://www.sunshineclinic.org/	Minor dental care, health screenings, urgent care, behavioral health, and medication-assisted treatment.	Medicaid, Medicare, Private insurance, Denali Kid Care, sliding fee scale
Valley Native Primary Care Center 1001 Knik-Goose Bay Rd Wasilla. 907-631-7800 https://www.southcentralfoundation.com/services/behavioral-health/benteh-nuutah-primary-care-center/	Health education, referrals, and free monthly hearing screenings.	Free to Alaska Natives

Mental Health Treatment and Assessments

Business	Services	Payment
Daybreak 550 S Alaska St Ste 208 Palmer. 907-745-6019 http://daybreakmhsc.com/	Provides mental health services for serious mental illness and co-occurring disorders, referrals for housing and offers case management.	Medicaid and sliding fee scale
Denali Family Services 291 E Swanson Ave Wasilla. 907-376-3275 http://www.denalifs.org/	Provides mental health services for youth up to age 18 with severe emotional disturbance, co-occurring disorders, mental health assessments, individual/group therapy, case management, and wrap-around services.	Medicaid and private insurance
Lighted Path Therapy 901 N Leatherleaf Lp Ste 103 Wasilla. 907-312-1202 http://lightedpaththerapy.com/#	Multiple providers who specialize in working with children four and up through adulthood.	Private insurance and self-pay
Mat-Su Health Services 1363 W Spruce Ave Wasilla. 907-376-2411 https://www.mshsak.org/	Emergency and scheduled mental health assessments, behavioral health facility with counseling and groups. Children, adolescents, and adults.	Medicaid, Medicare, private insurance, sliding fee scale
Nick Wahl, LPC 1075 Check St Ste 207 Wasilla. 907-373-4020 http://www.nickwahl.com/groups/	Specializes in trauma, addiction, anxiety, and behavioral problems. Family Systems Theory approach and uses EMDR and CISD. Offers a coping skills group and a growth group.	Private insurance and self-pay

Olive Tree Counseling 5730 E Pilgrim Ct Ste A Wasilla. 907-357-6513 http://www.olivetrecounseling.com/	Faith-based counseling services for ages 7 and up. Specializes in trauma informed care and Lifespan Integration.	Private insurance and self-pay
Palmer Residential Treatment Center (North Star) 3647 N Clark Wolverine Rd Palmer. 907-761-7400 https://northstarbehavioral.com/	Residential mental health facility for children under the age of 18.	Medicaid, private insurance except for Tri-Care
Playful Journeys, Inc 1261 S Seward-Meridian Pkwy, Ste L. Wasilla. 907-376-9091 http://www.playfuljourneys.com/	Trauma informed behavioral health services for children; individual and family therapy. Serves children, adolescents, and adults.	Private insurance and discount for cash payments
Providence Medical Group Mat-Su Behavioral Health 250 S Woodworth Lp Ste 202 Palmer. 907-761-5800 https://alaska.providence.org/locations/p/providence-medical-group-mat-su-behavioral-health	Mental health assessments, severe emotional disturbances, substance abuse disorders and co-occurring disorders.	Medicaid, Medicare, private pay and financial assistance
Other mental health providers: https://www.psychologytoday.com/us/therapists/99645 https://www.psychologytoday.com/us/therapists/99654	List of other mental health providers in Mat-Su	

Parenting Classes and Support

AGAPE Foster Care Network Mile 40 Glenn Highway Palmer. 907-863-2144	Faith-based foster/adoptive parents support groups.	Free Meets the 2 nd Thursday of each month from 6-8 PM
Alaska Attachment and Bonding Associates 619 S Knik Goose Bay Rd Ste J Wasilla. 907-376-0366 http://www.akattachment.org/	Provides family support services for parents whose children have had trauma.	Free
Alaska Family Services 1825 S Chugach Palmer. https://www.akafs.org/ 907-746-4080	Workshops: Active Parenting Now, Cooperative Parenting through Divorce, and Active Parenting of Teens. Supervised visitations, Safe Exchange, and Family Support Services	\$25 to \$75 for each workshop. \$50 an hour for supervised visitation. \$25 for Safe Exchange

Alaska Youth and Family Network (AYFN) 1051 E Bogard Rd Wasilla. 907-631-3485 http://www.ayfn.org/	Parenting groups on Monday evenings from 5:00 PM to 7:30 PM. Free dinner.	Free
Big Brothers Big Sisters 777 N. Crusey St B104 Wasilla. 907-376-4617 http://www.bbbsak.org/	Provides mentors for children between the ages of 6-16.	Free
Chugiak Children's Services (CCS)- Early Learning 2060 E Industrial Dr. Wasilla. https://www.ccsalaska.org/home 907-373-7000	Provides comprehensive child development services to economically disadvantaged children and families.	Free
Compassionate Directions (CODI) 11921 E Palmer-Wasilla Hwy Palmer. http://www.codialaska.org/ 907-745-2634	Parenting with Love & Limits Strengthening Families Circle of Security	Medicaid, private insurance, and sliding fee scale
Connect Mat-Su 777 N Crusey http://www.healthymatsu.org/connect-mat-su Wasilla. 907-373-2628	Provides Mat-Su residents with immediate access to the information, referrals, and direct services needed for them to thrive physically, mentally, and emotionally.	Free
Heart Reach Pregnancy Center 865 S Seward-Meridian Wasilla. https://www.friendsofheartreach.com/ 907-373-3456	Parenting classes for mothers and fathers including Parenting Through Adoption, Parenting Through Marriage, and single parent classes.	Free
Mat-Su Services for Children & Adults (MSCCA) 1225 W Spruce Ave Wasilla. https://www.mssca.org/mssca/ 907-352-1200	Provides family support services and infant learning programs.	Some services are free, Medicaid, private insurance, and sliding fee scale for some services

Substance Abuse Treatment

Business	Services	Payment
<p>Adolescent Residential Center for Help (ARCH) Volunteers of America. 8012 Steward Mountain Dr Eagle River. https://www.voak.org/inpatient-services-arch 907-279-9640</p>	<p>Level 3.5 residential treatment center for youth ages 13-18 who have substance abuse and/or mental health disorders. Provides psychological testing, psychiatric services, and support for adolescents and families. Outpatient services in Anchorage.</p>	<p>Medicaid, Private insurance, sliding fee scale</p>
<p>AKEELA 561 Denali St Ste F Palmer. http://www.akeela.us/ 907-707-1291</p>	<p>Substance use disorder assessment, mental health assessment, Alcohol & drug information school, outpatient, intensive outpatient, and residential services to men and women. Youth treatment available.</p>	<p>Medicaid, private insurance, and sliding fee scale</p>
<p>Alaska Dream Center 8117 E New Hope St Palmer. http://dreamcenterak.org/contact 907-746-3736</p>	<p>Faith-based one-year intensive residential program. Separate locations for men and women. Serves 18 and up.</p>	<p>No cost for those who cannot afford to pay</p>
<p>Adult Teen Challenge 560 S Knik-Goose Bay Rd Wasilla. https://teenchallengepnw.com/alaska/ 907-202-8850</p>	<p>Faith-based one-year intensive residential program for men ages 18 and up.</p>	<p>No cost for those who cannot afford to pay</p>
<p>Alaska Family Services 5851 E Mayflower Ct Wasilla. https://www.akafs.org/ 907-376-4000</p>	<p>Substance use disorder assessment, mental health assessment, alcohol & drug information school, outpatient, intensive outpatient, and residential treatment for women. Youth treatment available.</p>	<p>Medicaid, private insurance, and sliding fee scale</p>

Compassionate Directions (CODI) 11921 E Palmer-Wasilla Hwy Palmer. 907-745-2634 http://www.codialaska.org/	Integrated behavioral health assessment, recommendations and treatment planning, case management, individual, group, and family counseling. Up to age 21.	Medicaid and private insurance, sliding fee scale
Cook Inlet Tribal Council- Mat-Su Recover Services 851 E Westpoint Dr Wasilla. 907-357-5400 https://citci.org/recovery/mat-su-behavioral-health-services/	Substance use disorder assessment, outpatient and intensive outpatient programs, case management, peer support, prevention workshops, family support groups, and cultural support groups. Residential services through Ernie Turner and Chanlyut programs. Transitional living.	Medicaid, private insurance, and sliding fee scale
Life Changers 5500 Wolverine Ave Wasilla. 907-370-3347 https://www.rehab.com/life-changers-outreach-alaska-center/7020904-r	Faith-based residential center for adult women. Assists with depression, anger, and suicide issues, as well as drug and alcohol treatment.	Free
Nugen's Ranch Wasilla 907-376-4534 http://www.nugensranchak.org/	Residential treatment center for adult men and woman who have alcohol or substance abuse addictions as well a co-occurring diagnosis. Six to twenty-four-month program.	Private insurance and sliding fee scale
True North Recovery 591 s Knik Goosebay Rd. Wasilla. 907-313-1333 982-HOPE https://www.treatmentconnection.com/	Faith based outpatient treatment center for men, women, and teens. Residential center for women and a men's residential center opening in Homer. Support and trauma informed care.	Medicaid, Private insurance, and sliding fee scale
	Web-based link to access available treatment throughout Alaska	Medicaid and sliding fee scale

Medication Assisted Treatment

Business	Services	Payment
Alaska Aid's Assistance Association (Four A's) 907-263-2050 Face Book page Alaska Aid's Association (Four A's)	Needle exchange, HIV & HEP C testing, and resources & referrals. Valley location is changing- call for weekly location.	Free
Algone 3190 E Meridian LP Ste 207 Wasilla. 907-373-9460	Suboxone, Vivitrol	Medicaid, private insurance
Community Medical Services 2521 E Mountain Village Dr Ste F Wasilla. 907-290-3760	Methadone, Suboxone	Medicaid and self-pay
Discovery Cove Recovery and Wellness 11901 Business Blvd Ste 201 Eagle River. 907-694-5550	Suboxone	Private insurance and self-pay
Ideal Option 5431 E Mayflower LN Unit 4 Wasilla. 877-522-1275	Suboxone, Subutex, Vivitrol	Medicaid, Medicare, self-pay rates, and private insurance
Sunshine Community Health Center Mile 4.4 Talkeetna Spur Rd Talkeetna. 907-733-2273	Suboxone	Medicaid, Medicare, private insurance, sliding fee scale, and self-pay

Substance Misuse Prevention and Support

Group	Faith-Based	Meetings
Addicted No More 907-373-3601	Yes	Tuesdays 6:30 PM to 8:30 PM
Alcoholic Anonymous https://www.alaskamatsuaa.org/meetings/ 907-376-4777	No	Various times and locations 7 days per week
Al-Anon Helpline 907-357-2550 https://al-anon-ak.org/mat-su-valdez-cordova/	No	Various times and locations
Band of Brothers 2050 N Merciful Cir Wasilla. https://bobaalaska.org/	Yes	Tuesday through Saturday from 7:00 AM to 4:00 PM

Celebrate Recovery 5131 Gold Mint Drive Palmer. 907-841-9706	Yes	Thursdays from 7:00 PM to 9:00 PM
Celebrate Recovery 619 Scott Road Palmer	Yes	Saturdays from 6:00 PM to 9:30 PM
CITC Family Support Group 851 WestPoint Dr Ste 310 Wasilla.	No	Tuesdays from 12-1
CITC Peer Support 851 WestPoint Dr Wasilla 306-0041	No	Every other Wednesday at 6 PM
Fallen Up Ministries 907-748-0316	Yes	Peer Support 24/7
True North 907-982-HOPE	No	Peer Support 24/7
Four A's Call to set up an appointment for needle exchange. 907-744-6877 907-263-2050/	No	Free needle exchange Tuesdays and Thursdays from 10-2. HIV/HEP C testing and Narcan
Fresh Start 3571 W Machen Dr Wasilla. 907-373-7910	Yes	Mondays from 7:00 PM to 9:00 PM
Nar-Anon Family Group 901 Snohomish Wasilla. 907-355-8800	No	Sundays at 7:00 PM
Real About Addiction 907-440-7289 https://realaboutaddiction.net/	No	Peer Support 24/7
The Addicts Mom 907-232-0085 https://www.facebook.com/groups/theaddictsmom/	No	Online support group for mothers of addicted children

Transportation

Business	Services	Contact Information
Valley Transit	Transportation around Mat-Su, and connections for transport to Anchorage	864-5000 http://www.valleytransitak.org/

For Providers only

Resources

Mat-Su Valley Resource Guide (2019) United Way of Mat-Su. www.unitedwaymatsu.org

Contact Information

For any changes or corrections, please call Kelly Marre at 521-2800 or email kellymarre5@gmail.com